Ebook Directory
the best source of ebook

The book was found

Trigger Points Of Pain: Wall Charts (Set Of 2)

PDF
Adobe
DOWNLOAD EBOOK

Synopsis

Trigger Point Pain Patterns Wall Charts

Book Information

Poster: 1 pages

Publisher: LWW; 1 edition (June 9, 1996)

Language: English

ISBN-10: 0683083686

ISBN-13: 978-0683083682

Product Dimensions: 39 x 3 x 3.5 inches

Shipping Weight: 1.7 pounds (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 21 customer reviews

Best Sellers Rank: #131,012 in Books (See Top 100 in Books) #12 inÂ Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Osteopathy #15 inÂ Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Chiropractic #22 inÂ Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Rheumatology

Customer Reviews

Now deceased, foreword writer David G. Simons, MD, coauthored of Travell & Simons Myofascial Pain and Dysfunction: The Trigger Point Manual

Fantastic tool to have clients identify areas/patterns of chronic pain or tension and identify the specific areas (trigger points) needing attention. There are too many therapeutic approaches available to detail here and how you structure your therapeutic sessions is, of course, up to you. But eventually many client issues will come down to trigger points with referred patterns of pain or sensation in remote areas of the body ... not the areas (or surrounding areas) clients want you to address directly. Trigger point therapy for stubborn chronic pain, either as an early or later tool, has never failed me. This chart makes explaining the theory and intention of the modality quick and easy. It can also involve clients in changing the habits that create their trigger points once the real muscle causing the problem is identified. The illustrations are quite adequate, and, yes, with the rising standards of illustration that bombard us daily in media, they seem dated. But their simplicity and accuracy just about always elicit the surprised response: "OMG, that’s EXACTLY how it hurts!"

I love these charts! They’re huge and easy to see from across the room.. I’m a massage therapist

within a clinic and the doc is always teasing me about stealing them

I refer to these charts when a client has pain and the solution may not be coming from where you think it should.

I love the posters!

The charts are clear and concise , we'll presented and protected by the covering. Extremely useful for my accuracy in practice.

This is the best TP chart I've use in 20 years as a neuromuscular massage therapist. Clear, good visual impact for clients and reasonably comprehensive.

these are my third set. Love these charts! Great detail, information and study.

Easy to follow. Clear and exakt pictures.

Download to continue reading...

Trigger Points of Pain: Wall Charts (Set of 2) Color Atlas of Acupuncture: Body Points, Ear Points, Trigger Points (Complementary Medicine (Thieme Paperback)) Foam Rolling: The Foam Roller Bible: Foam Rolling - Self Massage, Trigger Point Therapy & Stretching (Trigger Point, Tennis Ball, Myofascial, Deep Tissue, ... Points, Hip Flexors, Calisthenics Book 1) Trigger Point Therapy: Stop Muscle & Joint Pain Naturally with Easy to Use Trigger Point Therapy(Myofascial Massage, Deep Tissue Massage, Foam Rolling, ... Massage) (Natural Health Solutions Book 3) Trigger Finger Cure: A Comprehensive Guide and Toolkit for Trigger Finger, Locking Finger, Video Game Thumb Pain, Ipad and Smartphone Finge Back Stretching: Back Strengthening And Stretching Exercises For Everyone (lower back pain, healing back pain, stretching exercises, back pain treatment, ... pain relief, stretching, back pain Book 1) Weight Watchers: Weight Watchers Cookbook-> Watchers Cookbook- Weight Watchers 2016 Weight Watchers Cookbook - Points Plus - Points Plus-Weight ... Points Plus, Weight Watchers 2016) (Volume 1) Smart Points Spiralizer Cookbook: 50 Skinny Spiralizer Recipes With Smart Points-Turn Vegetables Into Low Points Pasta Alternative Trigger Points: Understanding Myofascial Pain and Discomfort Hip Flexor Pain: The Ultimate Guide to Fix Tight Hip Flexors and Cure Tight Hips Life! (hip flexors, hip pain, hip flexor stretches, hip flexor, hip pain relief, hip joint pain, hips) Travell and Simons' Trigger Point Flip Charts Travell & Simons'

Myofascial Pain and Dysfunction: The Trigger Point Manual (2-Volume Set) Trigger Points (Quickstudy: Academic) The Concise Book of Trigger Points, Third Edition: A Professional and Self-Help Manual The Muscle and Bone Palpation Manual with Trigger Points, Referral Patterns and Stretching, 2e The Muscle and Bone Palpation Manual with Trigger Points, Referral Patterns and Stretching, 1e Acupressure: The Ultimate Beginners Guide To Acupressure For Health & Healing (Self Massage, Tennis Ball Massage, Pressure Points, Trigger Point Massage) The Muscle Test Handbook: Functional Assessment, Myofascial Trigger Points and Meridian Relationships, 1e Trail Guide to the Body's Quick Reference to Trigger Points Color Charts: Color Collection Edition: 50 Color Charts to record your color collection all in one place

Contact Us

DMCA

Privacy

FAQ & Help